



WISTERIA

HAIR COLOR AFTERCARE GUIDE

DO'S (What to Follow)

- Wait **48 hours before first wash**
 - Use **sulfate-free, color-safe shampoo**
 - Wash hair with **lukewarm or cool water**
 - Apply **conditioner after every wash**
 - Use **deep conditioning / hair mask 1–2 times a week**
 - Use **leave-in conditioner / serum** to reduce dryness
 - Apply **heat protectant** before styling
 - Limit use of **straighteners, curlers, blow dryers**
 - Protect hair from **sun exposure (use scarf/hat/UV spray)**
 - Oil hair lightly (1–2 times a week) if recommended
 - Use **wide-tooth comb** on wet hair
 - Pat dry gently (no rough towel rubbing)
 - Sleep on **silk/satin pillowcase** (reduces frizz & breakage)
 - Trim hair every **6–8 weeks**
 - Follow **salon-recommended products only**
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DON'TS (Avoid These)

- Don't wash hair daily
- Don't use **hot water**
- Don't use **regular/sulfate shampoos**
- Don't skip conditioner

Don't overuse heat styling tools

- Don't go for **chemical treatments immediately** (rebonding, smoothening, etc.)
- Don't expose hair to **chlorine water (swimming pools)** without protection
- Don't tie hair too tight (causes breakage)
- Don't scratch scalp aggressively
- Don't apply random home remedies without consultation
- Don't delay touch-ups for too long

FIRST WEEK CARE (Very Important)

- Avoid oiling for **first 3–5 days** (unless advised)
 - Avoid sweat-heavy activities (gym/steam/sauna)
 - Avoid rainwater exposure
 - Keep hair dry & clean
 - No tight hairstyles
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HEAT & STYLING RULES

- Always use **heat protectant**
 - Keep temperature **below 180°C**
 - Avoid daily heat styling
 - Air-dry whenever possible
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SWIMMING & SUN CARE

- Before swimming: Apply **leave-in or oil**
 - Wear a **swim cap**
 - Rinse hair immediately after swimming
 - Protect from sun to avoid **color fading**
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OILING RULES

- Use **lightweight oils only**
 - Avoid heavy overnight oiling frequently
 - Do not over-oil (causes color fading)
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? COMMON FAQs

Q. Why is my color fading fast?

- Frequent washing, hot water, wrong shampoo, sun exposure

Q. Why does my hair feel dry?

- Color process reduces moisture → use masks & serums regularly

Q. Can I oil my hair?

- Yes, but in moderation and after initial days

Q. Can I use normal shampoo?

- No, always use **color-safe shampoo**

Q. When should I touch up my color?

- Usually every **4–8 weeks** (depends on hair growth & color type)

Q. Can I use henna/mehndi?

- Avoid unless discussed with your stylist (can alter color)

Q. Is hair fall normal after color?

- Slight dryness-related breakage can happen → maintain hydration
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WARNING SIGNS (Contact Salon If)

- Excessive hair fall
 - Extreme dryness or roughness
 - Itching, redness, or irritation on scalp
 - Uneven color fading
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PRO TIP

Less washing + right products = **long-lasting, shiny color**