



WISTERIA

EYELASH EXTENSION AFTERCARE GUIDE

DO'S (Follow Carefully)

- Keep lashes **completely dry for first 24–48 hours**
 - Clean lashes daily with **lash-safe cleanser / foam**
 - Gently brush lashes with a **clean spoolie**
 - Sleep on **back or side** to avoid friction
 - Use **oil-free makeup & skincare products**
 - Remove eye makeup **gently (dab, don't rub)**
 - Pat dry (don't rub with towel)
 - Keep lashes **clean to avoid buildup/infection**
 - Schedule **refill every 2–3 weeks**
 - Inform technician about any **irritation/allergy**
 - Use **lash sealant (if recommended)**
 - Tie hair back while washing face
 - Maintain overall **eye hygiene**
-

DON'TS (Strictly Avoid)

- No water/steam/sweat for first 24–48 hrs
 - Don't rub, pull, or touch lashes
 - Don't use **oil-based products** near eyes
 - Don't use **waterproof mascara or eyeliner**
 - Don't curl lashes with eyelash curler
 - Don't sleep face-down
 - Don't use cotton pads (fibers get stuck)
 - Don't apply heavy creams near lash line
 - Don't expose to excessive heat (sauna/steam)
 - Don't try to remove extensions yourself
 - Don't skip cleaning (causes infections)
-

FIRST 48 HOURS (CRITICAL)

- Keep lashes **dry**
 - Avoid **steam, hot showers, gym, sweating**
 - No face steaming or facials
 - Avoid touching or adjusting lashes
-



CLEANING ROUTINE

- Clean lashes **once daily**
 - Use **gentle, oil-free cleanser**
 - Use soft brush or fingers lightly
 - Rinse with normal water (low pressure)
 - Let lashes **air dry or fan dry**
-



SLEEP CARE

- Sleep on **silk/satin pillowcase**
 - Avoid pressure on lashes
 - Consider using **eye mask (lash-friendly)**
-



MAKEUP RULES

- Use **oil-free products only**
 - Avoid mascara (especially waterproof)
 - If needed, use **extension-safe mascara only on tips**
 - Remove makeup gently (no rubbing)
-



GYM / SWIMMING / HEAT

- Avoid gym & sweating for first 24–48 hrs
- After that, **clean lashes immediately after sweat**
- Avoid prolonged exposure to **chlorine/salt water**
- Use caution with **sauna/steam**



COMMON FAQs

Q. How long do extensions last?

- 2–4 weeks (depends on care & natural lash cycle)

Q. Why are my lashes falling?

- Natural shedding OR rubbing/oil exposure

Q. Can I wash my face?

- Yes, but carefully and avoid pressure on lashes

Q. Can I use kajal/eyeliner?

- Yes, but **oil-free & minimal**

Q. Can I use mascara?

- Avoid, but if needed use **lash-extension-safe**

Q. Is it normal to feel slight irritation?

- Mild sensitivity is normal initially, not severe irritation

Q. Can I cry?

- Yes, but avoid excessive rubbing afterward
-

WARNING SIGNS (CONTACT SALON)

- Redness, itching, swelling
 - Burning sensation
 - Sticky discharge
 - Severe lash fallout
-

PRO TIP

- Clean + gentle care = **longer retention & fuller lashes**